

FYR

"As you can see, we are cooking on an open fire using British hardwoods, making for a genuine wood-fired dining experience. The wood types that we use are specifically chosen to enhance the food and flavour, but as a consequence external factors can play their part in the cooking process, meaning cooking times may vary depending on the weather conditions and of course the density of the wood on the grill at that time."

Homemade bread basket 833kcal **£3.50 per person**
Daily baked bread served with Hillfarm cold pressed rapeseed oil,
Isle of Wight tomato balsamic vinegar and sea salted butter
Add hummus dip 291kcal **£3**

Caviar platinum 202kcal **£50**
10g tin served with warm blinis and sour cream

NIBBLES

Garlic stuffed olives 106kcal
lemon and parsley

Cockle popcorn 417kcal
shallot vinegar

FYR smoked salmon pâté 292kcal
lemon and rosemary crackers

STARTERS

£6 FYR hay smoked burrata 382kcal
panzanella salad

£6 Beef short rib 512kcal
root vegetable slaw, barbecue sauce

£6 Braised crispy pig cheeks 486kcal
stone fruit ketchup

£9 FYR grilled mackerel 462kcal
burnt apple, seaweed

£12 FYR grilled octopus 388kcal
Isle of Wight tomato, squid ink harissa

£9 Twice baked blue cheese soufflé 623kcal
heritage beetroot salad



Solent seafood platter 980kcal per person **£65***
dressed Cornish brown crab, Atlantic king prawns, pickled cockles, cured fish, oysters and steamed shellfish
served on a bed of ice with saffron aioli, Solent marie rose
sauce and shallot vinegar *Minimum 2 people

Add caviar platinum 202kcal **£50**
10g tin served with warm blinis and sour cream

Add poached lobster **Market Price**
Full 398kcal / Half 199kcal

FYR hand pressed **£18.75**
beef burger 1199kcal
sourdough bun, gem lettuce,
beef tomato, Applewood smoked
cheddar, tomato relish
and skin on fries
with streaky bacon 1439kcal **£19.25**

Moving Mountains **£18**
vegan burger 906kcal
sourdough bun, gem lettuce,
beef tomato, Applewood smoked
cheddar, tomato relish
and skin on fries

Gressingham duck breast 1235kcal **£28**
beetroot and orange, duck fat potato

Chicken supreme 775kcal **£24**
Hampshire watercress, mushroom,
smoked new potatoes

Slow roasted vegetables 503kcal **£20**
halloumi, spicy cherry tomato sauce

Black garlic gnocchi 553kcal **£20**
sautéed wild mushroom, hazelnut,
Hampshire watercress

All cooked on the FYR grill, our steaks are locally sourced
and dry aged on the bone for a minimum of 28 days

Sirloin – 8oz 1072kcal **£32** **Fillet** – 7oz 936kcal **£37**
Both served with watercress, smoked tomato and skin on fries

FYR surf and turf platter for two 1394kcal per person **£100**
8oz sirloin, 7oz fillet steak, Atlantic king tiger
prawns and dressed Cornish brown crab
served with Hampshire watercress, smoked tomatoes,
skin on fries and Solent marie rose sauce

Monkfish tail 451kcal **£26**
aubergine puree, sundried tomato and pickled cucumber quinoa salad

Cod fillet 1130kcal **£26**
chorizo, white beans, parsley sauce

Grilled fish of the day **Market price**

UPGRADE TO A SURF & TURF
3x king tiger prawns 432kcal **£14**

Grilled lobster Half 199kcal Full 398kcal **Market price**
in garlic butter

Dressed Cornish brown crab 466kcal **£28**
Solent marie rose sauce

SIDES **£5.50**

Skin on fries 437kcal
with rosemary salt

Seasonal vegetables 290kcal

Dauphinoise potatoes 234kcal

Baked new potatoes 367kcal
with smoked butter

Garden salad 85kcal

Hand cut chips 533kcal

Onion rings 367kcal

SAUCES **£4.25**

Mushroom 172kcal

Peppercorn 184kcal

Blue cheese 330kcal

Béarnaise 258kcal



DESSERTS

Selection of three petit fours 424kcal average

Smoked chocolate entremet 615kcal
blackberry gel, burnt blackberry sorbet

Grilled fruit tart 704kcal
set custard, citrus mascarpone cream

£6 White chocolate and ginger parfait 624kcal **£9**
almond sponge, hibiscus sorbet

£9 Jude's ice creams and sorbets **per scoop £3**
274kcal average scoop **3 scoops £8.25**

£9 please ask for our flavours

CHEESE

Cheeseboard from our selection **per cheese £7**
of locally sourced cheeses **3 cheeses £18**

Served with stone fruit jam, grapes, toasted
charcoal baguette and artisan crackers 460kcal

tunworth 157kcal, barkham blue 304kcal,
Sussex charmer cheddar 307kcal